

# October Lunch 2019

Mon	Tue	Wed	Thu	Fri
<p><b>We are pleased to provide FREE AND REDUCED PRICED MEALS For all students who qualify. It's simple to apply and we accept applications all year</b></p>	<p>1 Chili Dog or Chicken Nuggets w/ Bread Stick Corn on The Cob, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>2 Hamburger w/ Lettuce &amp; Tomato or Peanut Butter &amp; Jelly Sandwich, Oven Fries, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>3 Potato Bar w/Toppings &amp; Corn Bread or Bean &amp; Cheese Burrito, Fruit Cup, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>4 Pepperoni or Cheese Pizza or Mini Corn Dogs, Caesar Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>
<p>7 BBQ Rib Sandwich or Corn Dog, Smile Potatoes, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>8 Spaghetti or Chicken Nuggets, Cheesy Bread Sticks, Seasoned Green Beans, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>9 Chicken Burger w/ Lettuce &amp; Tomato or Peanut Butter &amp; Jelly Sandwich, Oven Fries, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>10 Taco Casserole or Bean &amp; Cheese Burrito, Mexi Corn, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>11 Pizza Rippers or Mini Corn Dogs, Caesar Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>
<p>14 <b>NO SCHOOL</b></p> <p><b>TEACHER TRAINING DAY</b></p>	<p>15 Cheese Stick w/ Marinara or Chicken Nuggets w/ Bread Stick, Fruit Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>16 Hamburger w/ Lettuce &amp; Tomato or Peanut Butter &amp; Jelly Sandwich, Oven Fries, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>17 Walking Tacos or Bean &amp; Cheese Burrito, Black Bean Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>18 Our Pepperoni or Cheese Pizza or Mini Corn Dogs, Caesar Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>
<p>21 Sloppy Joe or Corn Dog, Baked Tater Tots, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>22 Chicken Alfredo or Chicken Nuggets w/ Garlic Bread Stick, Carrot Coins, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>23 Chicken Burger w/ Lettuce &amp; Tomato or Peanut Butter &amp; Jelly Sandwich, Oven Fries, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>24 Chicken Potato Bowl w/ Roll or Bean &amp; Cheese Burrito, Corn, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>25 Personal Pizza or Mini Corn Dogs, Caesar Salad, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>
<p>28 Taco Soup w/Cheese Bread or Corn Dog, Fruit Cup, Milk</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>29 Sweet &amp; Sour Chicken or Chicken Nuggets, Veg Fried Rice, Steamed Broccoli, Milk, Fortune Cookie</p> <p><b>ALL STAR SALAD BAR</b></p>	<p>30 Hamburger w/ Lettuce &amp; Tomato or Peanut Butter &amp; Jelly Sandwich, Oven Fries, Milk</p> <p><b>K-12 EARLY RELEASE</b></p>	<p>31 Pumpkin Pretzel w/Cheese or Bean &amp; Cheese Burrito, GoGurt, Milk, Treat</p> <p><b>Halloween</b></p> <p><b>ALL STAR SALAD BAR</b></p>	<p><b>LUNCH PRICES</b> K-6 \$3.00 7-12 \$3.25 Reduced \$ .40 Adults \$4.00 Milk \$. 50 <b>BREAKFAST</b> K-12 \$2.00</p>



**GO DUCKS**



**This institution is an equal opportunity provider.**

**\*All of our meals are made with whole grains.**

**\*Our ALLSTAR SALAD BAR offers Fresh Garden Salad Greens plus FRESH FRUITS & VEGETABLES, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.**

**\*Our menus are aligned with the USDA's Healthier U.S. School Challenge.**

**\*Applications for free or reduced priced meals are available in the offices. For any information regarding free and reduced meals please call Mrs. Hall 274-6132 ext. 2000**